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## MEDICARE WELLNESS VISITS PATIENT INFORMATION

### Medicare Part B (Medical Insurance) covers:

- **A "Welcome to Medicare" preventive visit:** You can get this introductory visit only within the first 12 months you have Part B. This visit includes a review of your medical and social history related to your health and education and counseling about preventive services, including certain screenings, shots, and referrals for other care, if needed. It also includes:
  - **Prior to appointment, you should complete the Medicare Questionnaire** and then your provider will review the answers with you during this appointment.
  - Height, weight, blood pressure measurements and calculation of your BMI
  - Order any applicable screenings or vaccines
  - Review current medications and specialists, if applicable.
  - A review of your medical and family history

*This visit is covered one time. You don't need to have this visit to be covered for yearly "Wellness" visits.*

- **Yearly "Wellness" visits:** If you've had Part B for longer than 12 months, you can get this visit to develop or update a personalized prevention help plan to prevent disease and disability based on your current health and risk factors. Your provider will ask you to fill out a questionnaire, called a "Health Risk Assessment," as part of this visit. Answering these questions can help you and your provider develop a personalized prevention plan to help you stay healthy and get the most out of your visit. It also includes:
  - **Prior to appointment, you should complete the Medicare Questionnaire** and then your provider will review the answers with you during this appointment.
  - Updating current medications and review of current specialists if applicable
  - Height, weight, blood pressure measurements and calculation of your BMI
  - A review of your medical and family history
  - Detection of any cognitive impairment
  - Order any appropriate screenings or vaccines

*This visit is covered once every 12 months (11 full months must have passed since the last visit).*

For further information about Medicare coverage for screenings, immunization, and other preventive services by going online at <https://www.medicare.gov/coverage/preventive-visit-and-yearly-wellness-exams.html>